SCALING AND SCORING OF THE
Self-Esteem And Relationship Questionnaire
(SEAR)

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The SEAR is composed of 14 Items investigating two dimensions.

**DESCRIPTION OF THE QUESTIONNAIRE:**

<table>
<thead>
<tr>
<th>Dimensions</th>
<th>Number of Items</th>
<th>Cluster of Items</th>
<th>Item Reversion</th>
<th>Direction of Dimensions</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sexual Relationship Satisfaction</td>
<td>8</td>
<td>1-8</td>
<td>Item 8</td>
<td>Higher score = more favourable response</td>
</tr>
<tr>
<td>Confidence</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Subdivided into:</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Self-esteem</td>
<td>4</td>
<td>9-12</td>
<td>Item 11</td>
<td>Higher score = more favourable response</td>
</tr>
<tr>
<td>Overall relationship Satisfaction</td>
<td>2</td>
<td>13-14</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**SCORING OF DIMENSIONS:**

- **Item scaling**: All items except items 8 and 11 are scored on a 5-point Likert-type scale from 1 “almost never/never” to 5 “Almost always/always”
  - Items 8 and 11 are reversed scored on a 5-point Likert-type scale from 1 “almost always/always” to 5 “almost never/never”

- **Weighting of items**: No

- **Extension of the Scoring Scale**: 0-100

- **Scoring Procedure**
  - Reversed items (8, 11): New value = 6 - previous value
  - Domains, subscales and total scores are computed by summing their respective items.
  - Each domain score, subscale score, and overall total score was transformed onto a 0-100 scale:
    \[
    \text{Transformed score} = 100 \times \left(\frac{\text{actual raw score} - \text{lowest possible raw score}}{\text{possible raw score range}}\right)
    \]

- **Interpretation and Analysis of missing data**: Responses to all items need to be completed. A missing response to an item makes both the item score and its subscale score missing

**References:**


Version 1: April 2009